



Did you know?

1.8 MILLION

Texas children live with food insecurity.

CHILDREN WHO GO HUNGRY

over the weekend have higher rates of absenteeism, difficulty concentrating, and negatively impacted classroom behavior.

88.5% OF DVISD

students are considered economically disadvantaged.

CHILDREN WHO GO HUNGRY

over the weekend do not recover until Wednesday with a new hunger cycle starting again on Friday according to Children's Health Watch.

— THE —
JUNIOR LEAGUE OF AUSTIN
★

The Junior League of Austin *Response*

In response to the critical community need of childhood hunger, in 2009, The Junior League of Austin (JLA) created the **FIT - Food in Tummies** program dedicated to feeding minds and growing bodies. Managed by the JLA in collaboration with the Del Valle Independent School District (DVISD), FIT is a unique program designed to provide weekend nourishment to children grades K-5.



The JLA is dedicated to strengthening the community through creative solutions to current and future challenges. It is through the combined efforts and generous support of the JLA's volunteers, partner agencies, and donors that FIT can operate.

More than 300 JLA volunteers work together to pack nutritious backpacks, deliver them to schools each Friday, and collect the empty bags for repackaging and distribution the following week. Each week, the packs include healthy recipe cards and nutrition tips in both English and Spanish to be shared with the student's family. The program will run for 34 weeks throughout the 2018-19 school year.

The FIT program will provide 950 backpacks to every student at two local DVISD schools: Hillcrest Elementary and Baty Elementary. For \$5 a child can receive a backpack for the weekend, \$170 provides a child with food for the length of the program. For more information go to jlaustin.org.